



KICKS COUNT™

empowering mums-to-be with knowledge & confidence

DURING COVID-19 OUTBREAK

YOUR BABY'S MOVEMENTS ARE AS IMPORTANT AS EVER

If you notice a change in your baby's regular movement call your midwife or maternity unit immediately

A change in your baby's movements can be an important warning sign that your baby is unwell. Around half of women who had a stillbirth noticed their baby's movements had slowed down or stopped.

Midwives are there for you and your baby

Even when isolating it's vital you report reduced movements immediately.

Charity Registration Number 1145073

www.kickscount.org.uk

